

YMCA of Catawba Valley Soccer Club

701 1st Street NW
Hickory, NC 28601
(828) 324-9622



Return to Play Guidelines for Parents and Players

Parents Responsibilities

1. **Parents have the final decision on their Child playing.**
2. Ensure your child is healthy and symptom-free and check your child's temperature before activities with others.
3. Ensure your child's NCYSA Medical Waiver included any high risk (asthma, diabetes, heart, immune compromised conditions).
4. Ensure child's clothing is washed after every training session and game.
5. Ensure all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training session and game.
6. **Notify your Coach and Club President immediately if your child becomes ill for any reason.**
7. **Be sure your child has necessary sanitizing products with them at every training session and game.**

Player Responsibilities

1. With parent directions, take your temperature daily and before activities with others
2. Sanitize hands thoroughly before and after training. Avoid touching your face and avoid spitting.
3. Bring, and use, hand sanitizer with you at every training session and game. Bring a labeled baggie for your mask when not being worn.
4. **Wear mask before and immediately after all training sessions, games and when on sidelines at games.**
5. Do not share or touch anyone else's equipment (gloves, shoes, water, food,).
6. Practice social distancing, including placing soccer bags and equipment at least 6 feet apart.
7. No group celebrations, high 5s, hugs, handshakes, fist bumps.

Game Day Responsibilities

1. **Maximum 2 Spectators per Player allowed at each game.**
2. **If you arrive to the fields and a game is currently being played. Please remain in your car until that game is finished and those two teams have left the field.**
3. **Spectators and Players will need to wear mask to and from the game fields.**
4. **Spectators will need to wear a mask while game is being played. Spectators may remove mask if stationary and alone or in the presence of their family unit.**
5. **Players will be required to wear a mask while on the bench and not playing.**
6. **Spectators and Players are asked to immediately leave the field once the game is over. This will allow the next 2 teams to play time to get on the field for warm-ups.**
7. **Spectator should maintain social distance from each other and the opposing teams.**