



YCVSC EAGLES **Handbook**

Welcome
To The Club
2025



Table Of Contents

About the Eagles

Player Expectations

Parent Expectations

Social Media

Practice & Gameday Preparations

TeamSnap!

Uniforms

Club Fees

Checklist



About the Eagles

The YCVSC Eagles is a non-profit youth soccer club and an extension of YMCA of Catawba Valley. Club is sanctioned by the North Carolina Youth Soccer Association (NCYSA). We are dedicated to providing competitive soccer without the burden of high club fees. Since 2005, we have offered a high-quality alternative for players seeking Classic and Academy-level competition in the Foothills region. With dedicated coaches and a strong community focus, we ensure top-tier training and development.

The YCVSC Eagles provides coaches, players, and families with a structured framework for player development. Guided by our mission and vision, we strive to create an environment where young athletes grow both on and off the field while ensuring accessibility and affordability for all families.

As a youth sports organization, we recognize our responsibility to nurture our players with the attention and commitment they deserve. Our overarching goal is to develop not only skilled athletes but also responsible, community-minded individuals who carry a lifelong love for the game.

We aim to create a culture of effort, respect, adaptability, and teamwork, to ensure that our players develop holistically while enjoying the beautiful game. Our commitment extends beyond the field, aiming to shape individuals who contribute positively to their communities.



**Together, we grow. Together, we soar.
We are the Eagles!**



Player Expectations

1. Be respectful of the coaching staff, referees, as well as the opposing team's coaches and players. When you step on the field for a game or for practice, you are representing not only yourself, your family and your team, but you are also representing the YCVSC Eagles organization and the YMCA of Catawba Valley. Please conduct yourself in a way that is a positive representation of each of these entities.
2. Do not be disruptive during practices or during games. This includes speaking while the coach is trying to speak.
3. Be a good teammate. When teammates make mistakes, lift them up. When teammates do something positive, celebrate. We are in this together and we need to support each other through good and bad.
4. Please do not leave games or practices until you are dismissed unless you have spoken to a coach beforehand.
5. Give 100% at both games and practices. If an injury prevents you from giving your best effort, please communicate this to your coach.
6. Bullying will not be tolerated! Punishment for bullying could result in the player being asked to sit out practices, games, or potentially being asked to leave the club. Parents will be notified via TeamSnap, email, in-person and/or telephonically if bullying is reported. Bullying concerns can be addressed to coaches or to the YCVSC Board of Directors at eaglessoccer@ymcacv.org. The YCVSC Board of Directors will address bullying allegations on a case by case basis.
7. Never engage with the opposing team's parents and fans. If they are interacting with you in a negative way, please let your coach know so he or she can address this with the referee.
8. Be prepared and on time. All players should bring all required equipment for games and practices:
 - Wear the correct color uniform for each game and have the alternate color uniform available in case your team needs to change. Failure to bring the alternate uniform to a game may result in your inability to play if a uniform change is required.
 - Shin guards are required for all games
 - Jewelry is not allowed to be worn during games. This includes necklaces, watches and earrings. In some circumstances referees may allow earrings as long as they are covered with tape, but it is up to the sole discretion of the referee.
 - Always have water or your favorite sports drink with you at games and practices.
 - Wear proper attire to all practices. Each coach may have their own requirements.

"If you can't be on time, be early." – Skip Prosser



Parent Expectations

1. Commit. We understand there will be scheduling conflicts from time to time, but if you cannot commit to getting your child to games and practices, your child will not get the most out of being a part of the Eagles organization.
2. Be on time.
3. Communicate all scheduling conflicts with the coach as soon as you are aware that a child will miss practice or a game. If you have a scheduling conflict, please communicate with other parents as they may be willing to take your child to and from a game or practice.
4. Ensure your player is prepared for both practice and games with the proper equipment, apparel, and hydration.
5. Understand how club fees work, when payment is expected, and potential actions taken by the club if fees are not timely paid (please reference the club fees page of this handbook).

Sideline Conduct

- Represent yourself, the club, and the YMCA of Catawba Valley in a professional manner
- Per NCYSA rules, parents and fans are to sit directly across from their team's bench, in the area between the halfway line and the top of the 18-yard goalie box.
- Be positive and encourage your child and his or her teammates
- Parents and fans are to never engage with the opposing team's players.
- Allow the referees to do their job. They are human and will certainly make mistakes. Your child's coach will have a conversation with the referee if necessary.
- Depending on your conduct, referees also have the authority to expel you from the sideline, which may also result in a sideline ban by NCYSA for future games.
- 24-hour rule: Do not approach your child's coach within 24 hours of the completion of a game to discuss playing time, coaching decisions, or any other concerns you have related to the game. Emotions can run high during and immediately following a game for both you and the coach, so please wait 24 hours before addressing your concerns.
- Please do not coach from the sideline! What you want your child to do and what the coach expects your child to do may not be aligned. If you are interested in helping to coach, please let us know and we will see if we have a spot available in a more "official" capacity.

***"Believe you can and you're halfway there."
-Theodore Roosevelt***



Social Media

Vision

The YCVSC Eagles organization utilizes its website (www.ycvsc.org) as well as various social media platforms to highlight individuals and teams, celebrate achievements, generate visibility for the club, and communicate events to the community. We frequently update our social media with photographs of teams and athletes from the Eagles. As a result, we ask that you sign and turn in the media release form located in this Handbook, granting the club permission to use your player's photo in our social media posts.

- Increased Visibility and Reach
- Enhanced Engagement and Community Building
- Cost-Effective Marketing
- Attracting New Members
- Gathering Feedback and Insights

We ask that you follow us on each of our social media platforms listed below:



"I think that you might be so sure that you're one in a million, that sometimes you forget that out there you're just one in 11."

-Ted Lasso



PRACTICE & GAMEDAY Preparations

Practice

- Practice is generally twice a week, however some coaches may schedule an additional practices in certain instances.
- Practice times may vary but each practice is typically 1.5 hours long.
- Practice cancellations will be communicated through TeamSnap.
- If severe weather occurs during practice, all participants are to leave the practice fields and seek shelter. At the Eagles and YMCA fields, shelter locations will either be under the covered picnic area beside the YMCA fields, under the covered sidewalk at the Food Lion shopping center, or inside of the YMCA. Participants are to remain off the fields until 30 minutes has passed since the last thunder or lightning strike.

Games

- As a rule, all games are played on weekends. There are exceptions, but they are rare.
- Academy games will be on Saturday only.
- Classic League games will either be on Saturday or Sunday. Teams may choose to play two games in one weekend.
- Travel times vary depending on the hosts location, but most games are within 1.5 hours driving distance from Conover.
- Parents are responsible for the transportation of their player to and from games.
- Parents and players are responsible for having all required equipment (cleats, shin guards, uniforms, etc.)
- Parents and players are responsible for providing their own water or sports drinks at games.
- Be aware of what your player eats and drinks on gameday. We do not want players to miss the opportunity to participate in a game due to poor dietary choices before games.
- Just as with practice, thunder and lightning will delay games by 30 minutes.

Tournaments

- The cost of one tournament per team is covered by the club. This is included in your club fees
- Additional tournaments will be at the parent's expense
- Tournaments are played on weekends only and travel and game times will vary depending on the tournament your team registers for

"It's not how big you are but how big you play."
– John Wooden

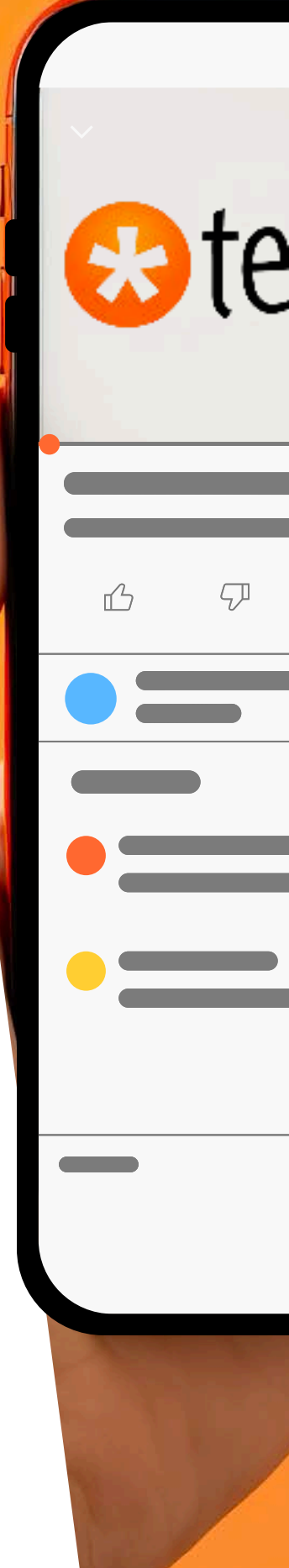




Purpose & Value

The Eagles use the TeamSnap platform for all communication. Parents (players for older teams) are required to download and use TeamSnap. You will receive an email invitation to download the Teamsnap app and join your child's team page within communication platform. Simply follow the directions to accept the invitation and add/update your contact information within the app. All communications from coaches to parents/players and vice versa will be through TeamSnap. Here is what you can expect from this communication platform:

- We will send you an invite to download and register the Teamsnap app
- Once you receive invite, please download, and register to join the team.
- Get familiar with the application. You can add player photos and change personal details.
- The TeamSnap app has the team's roster, schedule, and game results. You will have access to coaches, team managers, and other parents on your child's team.
- The uniform colors for each game will be listed in the schedule section.
- If you click on each game on the schedule section, you will find a map showing the location of that game. Clicking on the map will open google or apple maps to provide directions to the game.
- Within the schedule on the app is an "Availability" tab. Please use this to let the coaching team know your child's availability for each game.



"The single biggest problem in communication is the illusion that it has taken place." - George Bernard Shaw



Soccer Uniforms

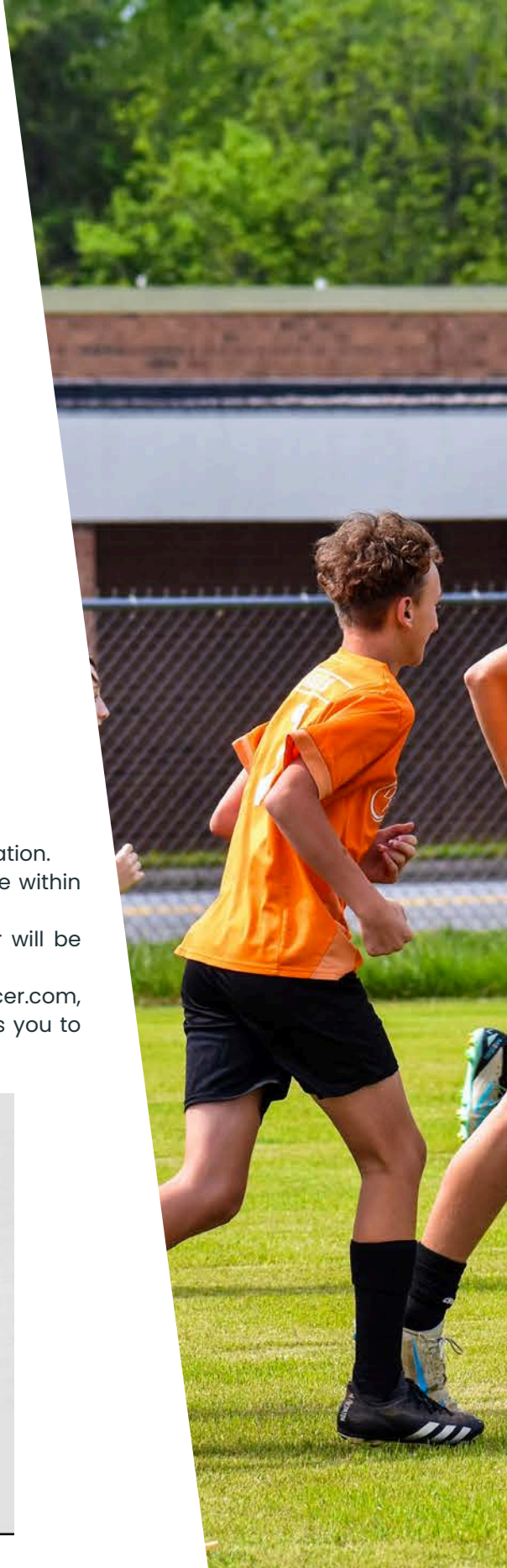
The YCVSC Eagles has a partnership with Puma, and we use soccer.com for uniform ordering. Once your child has been added to a roster and uniform numbers have been assigned, we will set him or her up with a profile on soccer.com so that you may begin ordering uniforms. You are responsible for ordering your child's uniforms. We typically operate on a 2-year cycle, meaning that we will have the same uniforms for at least 2 years. During this time, uniform designs will remain the same. We are currently in the middle of a 2-year cycle that began in the fall of 2024 and will end in the spring of 2026. We anticipate having new uniforms in the fall of 2026. The full uniform kit consists of an orange jersey, a black jersey, a grey jersey, black shorts, orange shorts, black sock and orange socks. The full uniform kit is roughly \$190.00, but depending on when you join, the full kit may not be necessary. Please reach out to your coach with questions if you are unsure as to what to order.

How It Works

- A Soccer.com invite will be sent to the email addresses provided at registration.
- You will need to register/login and will have access to your player's page within our Eagles team store, which should have the full kit available to order.
- This is located at the top of the webpage under "My Team". Your order will be shipped directly to you at the address you choose.
- All Eagles families are automatically enrolled in the "goal club" at soccer.com, which will provide you with 10% off orders (excludes uniforms) and allows you to earn reward points.



**"Everybody has talent, but it's what you do
with it that make it great."
- Alex Morgan**



YCVSC Club Fees

One of our core principles at the Eagles is that if a child has the commitment and desire to play soccer at a higher level, participation should not be limited by financial constraints. We make an effort to purposefully keep club fees as low as possible to ease the financial burden on our families. Club fees, however, are vital to the continued success and existence of our organization. Club fees are used to pay for things such as NCYSA registration, soccer equipment, field maintenance, tournament registrations, and any future club initiatives. Club fees also help fund financial aid assistance for those that meet certain financial requirements.

Season Fees

YMCA MEMBERS

Academy Fall/Spring \$385

U12-U14 Fall/Spring \$560

U15-U18 Single Season \$430

NON-MEMBER COST

Academy Fall/Spring \$425

U12-U14 Fall/Spring \$600

U15-U18 Single Season \$470

* \$150 registration fee will be required upon acceptance to any team. This fee will be deducted from the total cost of the player fees.

2025/2026 Payment Due Dates

Fall Season:

\$150 initial fall registration fee is due by August 15th.

Balance for fall season is due by October 15th.

Spring Season:

\$150 initial spring registration fee is due by January 15th.

Balance for spring season is due by March 15th.

If you choose to make payments for less than the full-balance owed, they can be made at the front desk of either the Conover or Hickory YMCA Branch. Full balances can be paid online by visiting our website at www.ycvsc.org

Past Dues

Failure to pay the initial registration fee for either fall or spring season will result in the child not being registered with NCYSA, and therefore not being able to participate in games until the initial registration fee is paid in full. Failure to meet the above payment due dates may result in the player being unable to participate in games and/or practices from the date the balance becomes past due. In the event you are having trouble meeting the club-imposed payment deadlines above, please reach out to us at eaglessoccer@ycvsc.org and we will work with you.

Financial aid forms are available upon request.
Please contact us at
eaglessoccer@ycvsc.org to request a form.



Checklist

We require the following forms to complete your registration. Use this page as your checklist to ensure that you're 100% committed and registered. You can email all forms to eaglesscoter@ymcacv.org or bring them to us in person on August 2nd. 2025 between 10AM - 3PM.

Medical Waiver

☐

Birth Certificate

☐

All new players joining the club for the first time are required to provide a copy of birth certificate. This does not have to be a certified copy!

Social Media Release

☐

Handbook Agreement

☐

"You don't inspire your teammates by showing them how amazing you are. You inspire them by showing how amazing they are."
- Robyn Benincasa





Thank You

Thank you for being a part of the YCVSC Eagles family! We are a volunteer organization that rely on our coaches and parent volunteers to help things run successfully. We are grateful for all those who help in any capacity. Please reach out to your coach or the Board of Directors (at the email below) if you are interested in volunteering!

Contact Information :

- 📞 828-464-6130
- 🌐 www.ycvsc.org
- ✉ eaglessoccer@ymcacv.org
- 📍 106 Thornburg Dr. SE Conover, N.C. 28613



NORTH CAROLINA YOUTH SOCCER ASSOCIATION WAIVER

(To be given to your local association)

20 ____ - 20 ____

NCYSA

PO Box 18229

Greensboro, NC 27419
336.856.7529

NCYSA Policy # _____

Excess policy to any valid and collectible insurance. If there is no primary insurance on insurance on a player, this policy primary after the deductible.

Player First Name	M Initial	Last Name	Full Association Name	Jersey #
(AS APPEARS ON BIRTH CERTIFICATE)				

[☐] Academy [☐] Challenge [☐] Classic [☐] Recreation [☐] Male [☐] Female

Birth Date	Level	Sex
------------	-------	-----

Address of Player	City	State	Zip
-------------------	------	-------	-----

Parent/Legal Guardian Full Name	Home Phone	Work Phone	Cell Phone
---------------------------------	------------	------------	------------

Additional Person to Contact in an Emergency	Address	Home Phone	Cell Phone
--	---------	------------	------------

Date of Last Tetanus Shot	Medications now being taken
---------------------------	-----------------------------

Player is Allergic to these Medications and Substances _____

List any Unusual Health Information	Email for soccer information
-------------------------------------	------------------------------

I (we), the undersigned, residing in the county of _____, state of _____, the parents/legal guardian of the above Registrant, a minor, who resides with us, do hereby declare our intent to allow that child to practice, train, play and participate in all soccer-related activities with the above-mentioned soccer team affiliated with the North Carolina Youth Soccer Association and the United States Youth Soccer Association.

I (we) agree that we and the Registrant will abide by the rules of the USYS, its affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with soccer and in consideration for the USYS and NCYSA accepting the Registrant for their soccer programs and activities (the "Programs"), we hereby jointly and severally release, discharge and/or otherwise indemnify the USYS, NCYSA, their affiliated organizations and sponsors, their employees and associated personnel, including the owners of fields and facilities utilized by the Programs, against any claim by or on behalf of the Registrant as a result of the Registrant's participation in the Programs and/or being transported to or from the same, which transportation we hereby authorize.

I (we) further, jointly and severally, as parents and legal guardians of the Registrant, release, discharge, and agree to hold harmless and indemnify the above-named individuals or any of the designated coaches of the above Team from any and all liability, claims or demands arising from the Registrant participating in the Programs with the above Team specifically to include any and all claims for personal injuries sustained while present or participating in the Programs or traveling to or from events in the Programs or while on trips sponsored by or in conjunction with the Programs.

In addition, I (we) do hereby authorize any one of the designated adults of the Team, if after a reasonable attempt has been made to reach a parent or guardian to obtain consent or if sound medical practice decrees that there is not time to make such an attempt, to consent to any x-ray examination, anesthetic, medical or surgical procedure, treatment, and/or hospital care, to be rendered to the Registrant under the general or special supervision of and/or on the advice of any physician, surgeon or dentist duly licensed to practice.

The undersigned have read and fully understand and agree to the foregoing. In addition, NCYSA and the undersigned agree that this agreement may be executed by electronic signatures as provided in Chapter 66 of the North Carolina General Statutes.

Insurance Information:

Name of Insurance Company:	_____	_____
		**Parent/Legal Guardian Signature

ID Number: _____

Confirmation Number:	_____	_____
		Date



Media Release Form 2025-2026

I, _____, grant permission to the YMCA of Catawba Valley Soccer Club (YCVSC Eagles) to use my image (photographs and/or video) for use in media publications to promote and advertise the YCVSC organization.

I hereby waive any right to inspect or approve the finished photographs or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the image.

I am the parent or legal guardian of the below named child. By signing this media release form, I am acknowledging that I have read this release form, and I fully understand this document. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release. Please submit any questions regarding this release form to eaglessoccer@ymcacv.org with "Media Release Form" in the subject line.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian (please print): _____

Players Name (please print): _____





YCVSC EAGLES HANDBOOK ACKNOWLEDGMENT FORM

As a parent or guardian of a YCVSC Eagles player, I acknowledge that I have read the 2025-2026 YCVSC Eagles handbook and understand its contents.

I also acknowledge that I have reviewed the player expectations, as well as other applicable sections of this handbook with my child.

Failure to return this acknowledgement will not relieve you or your player from being responsible for knowing and complying with YCVSC Eagles rules, policies, and procedures.

Parent/Guardian Signature: _____

Parent/Guardian (please print): _____

Players Name: _____

Date: _____